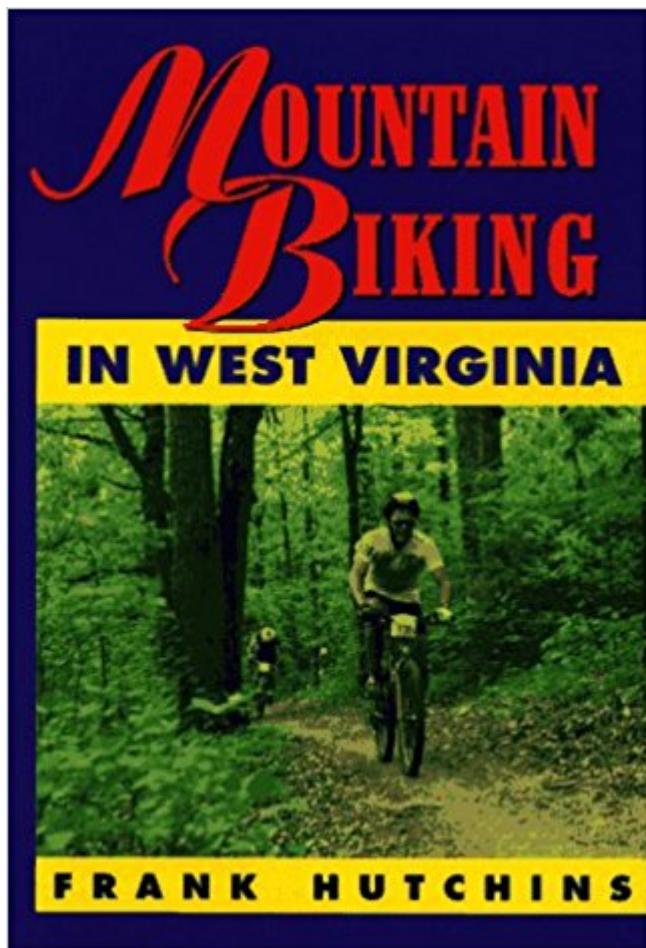The book was found

Mountain Biking In West Virginia

Synopsis

West Virginia is the fastest growing mountain bike region in the country. Mountain Biking in West Virginia will make it easier and more fun for riders to tame the trails and mountains of the Mountain State. The book covers trails from seventeen parts of the state, for all levels of riders. These regions include well-known areas such as Davis, home of the 24 Hours of Canaan Bike Race and the Snowshoe Resort Area. Each ride has detailed information and maps, elevations, and mileage. Each ride is also rated according to the degree of difficulty and interesting scenery. In addition to trails and maps, the book contains information on mountain bike racing, bike shops, bike organizations, and camping and lodging throughout the state. The author, Frank Hutchins, also gives tips on where to find the best glimpses of West Virginia wildlife, a spring to cool off, or a great restaurant.

Book Information

Paperback: 193 pages

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Customer Reviews

Greg Cook, Bicycle and Trails Coordinator for the State Division of Tourism, says Mountain Biking in West Virginia is an invaluable resource, for West Virginians as well as the many out-of-state riders attracted to the state. Far from a dry trail guide, this book is sure to increase your fun and enjoyment during any foray into the woods, parks, and state forests of West Virginia.

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